

BULLETIN FEBRUARY TO APRIL 2017 UNANDERRA COMMUNITY CENTRE

Our Vision: Engage, inform and connect with the community to enable them to access opportunities for empowerment and self-determination.

Mission: UFARA will do this by:

- Understanding the community needs;
(Offering a) Friendly Environment ;(Providing)
- Access to information and services
- Resourcing and representing our community
- Actively engaging with our community

This Centre provides: information and referrals, Community-Strengthening programmes for families, young people and seniors, social/recreational activities, Community development and action as well as support programs; photocopying, community access to hall hire facilities for the local community of Unanderra, Figtree & surrounding suburbs.

The Centre office is OPEN: Mon to Thursday 9am-2.30 pm please call 42712213

New groups include:

- ✓ **'Kids Reach Tall Yoga'** begins Thursday 9th Feb- for kids of all abilities -\$45 per term. carlyp@careways.org.au
- ✓ **Get Active** -. Monday 4.30 to 5.15pm -after school Gymnastics for kids 5-12 yrs \$10 ph:0488 192582
- ✓ **Mens Men's 50+ Fitness Class!** Starts February 14th 2017 from 9am-10am. Cost: \$7.00 (per class).
- ✓ **Financial Counselling and Centrelink** outreach by appointment only.
- ✓ **Work Development Orders-** community work to reduce any outstanding fines with our NSW Debt Recovery

CENTRE GROUPS INCLUDE:

- ❖ **ADRA-COMMUNITY PANTRY** \$10 - Wednesdays 1-pm
- ❖ **Mental Health Recovery Discovery group** Mondays 10.30am—12.30pm
- ❖ **Seniors Activity Group** Tuesdays 9.30am-2 pm
- ❖ **Gardening Group (by arrangement)** OUR COMMUNITY GARDEN NEED YOU
- ❖ **Combined Pensioners** Wednesdays 9am—1.30 pm
- ❖ **Cyber Club** Thursdays 9.30-12 md
- ❖ **Women 50+ Fitness** Monday, Tuesdays and Thursday 9.30-10.30am only \$5
- ❖ **Homework group** Mondays 3.-4.30pm
- ❖ **Youth drop-in** Tuesdays, Wednesdays & Thursdays 3.30-5.30pm

HALLS FOR HIRE at Unanderra Community Centre: Available for Regular & Casual

bookings including functions & activities such as Local Groups, Training Seminars, Birthdays, Dances, Meetings, Workshops, Community Events, Reunions, Parties.

Small Hall seats 70 or Large Hall seats 100 -Tables and chairs provided. Reasonable rates for more information or to make an appointment to view the halls Ph- 42 712213

REGULAR GROUPS: use our community halls

- ✓ **Alcoholics Anonymous** - Mondays 8 pm-10 pm
- ✓ **AMORC** - 3rd Saturdays 2-5pm
- ✓ **Combined Pensioners** - Wednesdays 9.15 am- 2 pm
- ✓ **Get Active** - Mondays 4.30-5.15 pm -Gymnastics 5-12 yrs
- ✓ **Gospel Mission Church** - Sundays 10 am-1 pm
- ✓ **Illawarra Computer Enthusiasts** - 2nd Fridays 7.30 pm 4th Sat Month 1 pm
- ✓ **Illawarra Machine Knitters** - 1st Fridays 10.30 am- 2.30 pm
- ✓ **K-zone** Tuesdays 4.30pm -7.30pm
- ✓ **Non-denominational Prayer group** - Tuesdays 7.30-8.30pm
- ✓ **Vikfit -Fitness and Training** - 0450504126 info@vikfit.com.au
- ✓ **Weight Watchers** - Tues 5.30-6.30 pm, Saturday 8- 9a
- ✓ **Wollongong Amateur Astronomy Club** - 1st Thurs month 7.30-9.30 pm
- ✓ **Yoga (Iyengar)** - Wed 6-7.30 pm , Thurs 10-11.30 am

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NILS — 'NO INTEREST LOANS SCHEME: The aim of this Community Loan Scheme is to provide no interest loans to people on low incomes, who are living in local areas. The maximum loan is \$1000 dependent upon your ability to repay. The loans may be used to purchase essential household items such as:

- White goods e.g. Fridges, stoves, washing machines
- Hot water services
- Essential electrical goods
- Furniture
- Medical equipment
- Other worthwhile purposes

Contact Sandra 42712213 for referral forms/information before making your appointment at Port Kembla Community Centre. Electricity and gas vouchers now available.

Your application will be considered for approval by an independent committee.

**You are invited to join this local Community based organisation .
VOLUNTEERS WANTED for positions of : general maintenance,
Homework tutors, Computer tutor, Craft group leader, Gardeners, Reception & admin.**

UNANDERRA FIGTREE AREA RESIDENTS ASSOCIATION INC
Which governs and supports Unanderra Community Centre in its
Community Development and Youth Programme
Also providing community access to facilities and resources.
Annual subscription of \$5.

*We are located at the Cnr. Factory Road & Princes Highway Unanderra
PO Box 294 Unanderra 2526*

You can contact us on Phone: 42 71 2213 New Fax: 4271 1571

Website: www.ufara.org.au www.facebook.com/unanderracc

Email: unanderracc@gmail.com

HALLS FOR HIRE

AT UNANDERRA COMMUNITY CENTRE

**AVAILABLE FOR REGULAR & CASUAL BOOKINGS
INCLUDING FUNCTIONS & ACTIVITIES SUCH AS LOCAL GROUPS,
TRAINING SEMINARS, BIRTHDAYS, DANCES, MEETINGS,
WORKSHOPS, EVENTS, REUNIONS, PARTIES.**

**SMALL HALL SEATS 70 OR LARGE HALL SEATS 100
TABLES AND CHAIRS PROVIDED. REASONABLE RATES
FOR MORE INFORMATION OR TO MAKE AN APPOINTMENT
TO VIEW THE HALLS.. PHONE - 42 712 213**

**IF YOU NEED
SUPPORT
IN TIMES OF
CRISIS
PLEASE CALL**

 **Lifeline**
131114